



# E News May 2023

Issue 95

[streetjesus2012@gmail.com](mailto:streetjesus2012@gmail.com)

[www.streetjesus.org.uk](http://www.streetjesus.org.uk)

## Street Jesus News:

Welcome to the May edition of our e-news. Following a lovely Easter weekend in my own fellowship here at Wickham market from the March of witness, to the Good Friday reflective service and the joy of Easter Sunday we went on to Spring Harvest in Minehead. Its something we so look forward to each year and we were not at all disappointed. The theme this year was Flipped to demonstrate life in the upside down kingdom of God. A kingdom rooted in grace mercy and forgiveness. The teaching centred around the beatitudes and the sermon on the mount found in Matthews gospel. The main bible study in the large studio 36 venue were led by John Swinton who covered the 'thinking it through' part and Rachel Gardner the 'working it out' section. .

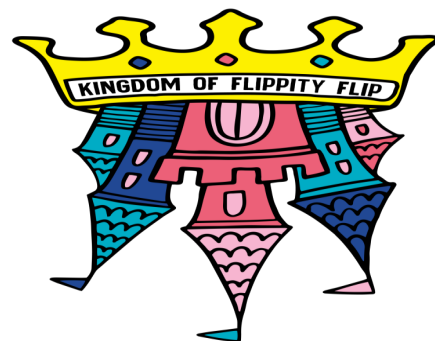


Each in turn brought a gentle humour and enthusiasm to the subject. The teaching was of very high quality as they forensically picked apart each passage. Other speakers included Danielle Strickland, Sharon Prentis, and Dez Brown who shared a remarkable testimony. Leon Evans provided a rousing and humorous rallying cry on the final



morning. There were a huge number of resources as normal. Malcolm Duncan wrote the Flipped theme book with Beatrice Smith writing the beatitudes workbook. Essential Christian had a huge display of Christian books in the Skyline which are always very popular for us bookworms. The evening worship took place in a number of venues with Lou Fellingham leading in the main studio 36

venue. As uplifting as always. How often do you get to worship with thousands of other Christians in one place. There were a large number of seminars to choose from throughout each day so it was difficult to choose which ones to go to, so many interesting subjects. As usual there was a focus on the work of a number of Christian organisations including Compassion, Home for good and Care for the family. There were a number of activities aimed at young children and youth. The Big start each morning was a lot of fun. A series of sketches that contrasted King Me with King Jesus. The three muck maids were tasked with persuading King Me to follow King Jesus, to serve rather than be waited on by others. They just about succeeded on the final morning after lots of song, dance and a bit of slap stick. The children loved it and everybody got into the spirit of it by dressing up as Kings and Jesters. There is a terrific family atmosphere at the big start despite it being a bit early in the day for us sluggish ones.

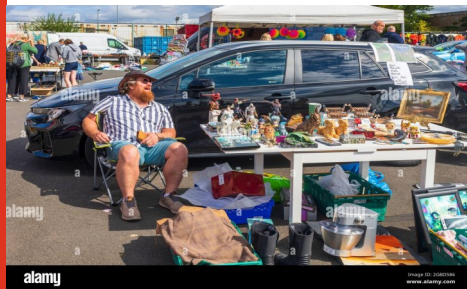


## Street Jesus News:

Spring Harvest has a very special atmosphere, a community of very diverse people and where people are cared for. This consideration of others was seen in simple things like exiting in the car parks after the event. Everybody was polite allowing one another to go first. I contrasted this with exiting the Portman road car park after a recent football match where cars try to nudge in front of one another with many not giving an inch and getting perilously close to damaging other cars. After being in a Christian bubble for a few days some aspects of our culture seem harsh when we return to 'real life'.

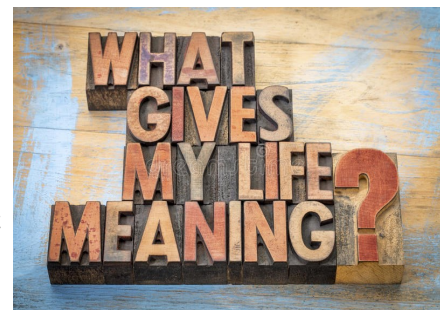


On the subject of 'Me' I recently came upon a book by Matthew P.W.Roberts titled 'Pride, Identity and the worship of self'. This is a critique of recent cultural changes which tends to be individualistic and centres on identity, self worship and pride which are seen by Matthew as new forms of idolatry. This is contrasted with the Christ life. The front cover depicts Narcissus looking at his own reflection in the water. Its an interesting book that looks at this particular trend in our society and applies Gods teachings to it. This is why the need to share the gospel is most important. Our identity is in Christ alone.



We will be out sharing the gospel at Trinity Park car boot sale this coming Sunday 30th April and at the Lions car boot sale on Cavendish park Felixstowe. On Saturday 13th. We will again be using the Jesus at the door approach and selling crafts for the Beehive childrens foundation in Kenya. Please do come and visit us.

Our seekers group is up and running and we still have spaces available for those who are curious about the Christian faith. If you know of anybody who may be interested and would benefit please let me know. Its been very interesting. The first week we asked 'What is the purpose of life and what is the purpose of religion' to get us started off. After the first session we asked what subject they would like to cover and the answer we got was the Theory of Evolution in comparison to the seven day creation. This was followed by 'Is the Bible relevant. We felt it was important to ask group members what subjects they wanted to cover rather than a set programme as you might get in some Christian courses. Our subject for the upcoming week is 'Who is Jesus'.



A few years ago as a new and enthusiastic Christian (Aged 50 ) I embarked on a period of learning, I felt like a spiritual sponge and I wanted to be as prepared as I could before going out on the street. I had read the New Atheists and their critique of Christianity so to collect my thoughts I wrote a rebuttal of their views in a number of papers on various subjects under the title. 'Critique culturee and Christ'. I had thought that we could use these on the street and at events to give out. At the time it was felt that they were maybe a little too in depth so we went with the Alpha Why Jesus booklets instead. At the time it seemed like wasted work but how useful they have been to help prepare for our Seekers group sessions. It just shows that nothing is wasted in Gods kingdom. We do some work for one thing not realising it will be used for something completely different. As we look forward now to Pentecost to celebrate the coming of the holy spirit let us all seek the spirit of God to help us in our daily endeavours. Blessings Graham





The Filling Station is an informal way of expressing the Christian Faith, using celebration meetings to encourage the local church, predominantly in rural areas across the UK.

#### What to expect when we meet:

A warm welcome with light refreshments... Contemporary worship led by local worship leaders... Stories of God at work today... Guest Speakers to refresh our faith... Prayer together for worldwide and personal needs...

#### Guest Speakers visiting soon:

**Thursday 25th May**  
Fran Nguyen  
Missionary and Trauma counsellor

**Thursday 22nd June**  
Tom Boswell  
Pioneer Minister at SKC church

**Thursday 13th July**  
Celebration evening!  
Worship, food and testimonies!

**The Riverside Centre, Stratford St Andrew**

**Refreshments at 7pm for a 7:30 start.**

# Everyone is Welcome

<https://thefillingstation.org.uk/>



**United Kingdom Fellowship**



**GUEST SPEAKER**  
**RICHARD HURREN**  
**WITH HIS WIFE JAN**

**JOIN US AT DARSHAM VILLAGE HALL**

10AM FOR REFRESHMENTS,  
10.30AM START

FOR MORE INFORMATION  
CONTACT THE WEBSITE  
[www.unitedkingdomfellowship.co.uk](http://www.unitedkingdomfellowship.co.uk)

DARSHAM VILLAGE HALL  
THE STREET, DARSHAM  
IP17 3FL

Please see website for next dates

United Kingdom Fellowship

New venue



Trimley St Martin Memorial hall - Worship evening  
Every 4th Saturday of the month.

## Organisations



[www.talithakoum.org.uk](http://www.talithakoum.org.uk)

[oasisenglish.co.uk](http://oasisenglish.co.uk)

# oasis

## English Language School

[www.ministryofmusic.co.uk](http://www.ministryofmusic.co.uk)

# MINISTRY OF MUSIC

EQUIPPING CHRISTIAN EVENTS WITH QUALITY MUSIC

DISCOS  
BANDS  
SINGERS  
DANCE GROUPS  
WORSHIP LEADERS  
TECHNICAL SERVICES



## Clare priory

[clarepriory.org.uk](http://clarepriory.org.uk)

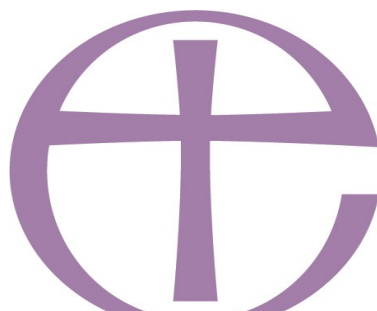


[familyfirstuk.org](http://familyfirstuk.org)

# FAMILY FIRST

Supporting families through change

[www.cofesuffolk.org](http://www.cofesuffolk.org)



# THE CHURCH OF ENGLAND

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# SUFFOLK

Prayer



[rodandjulie.com](http://rodandjulie.com)



## IPSWICH IN PRAYER

PRAYING FOR THE TRANSFORMATION OF THE TOWN  
BY THE PRESENCE AND POWER OF GOD

[www.ipswichinprayer.co.uk](http://www.ipswichinprayer.co.uk)



**PRAYER**  
Every Tuesday  
7pm  
Kelsale Village Hall  
IP172PB

Contact Paul or Mandy  
Weekes on 01728-604053

## Open to God Service

**1st Sunday of the month at 6.30pm**



[www.avenuenevangelicalchurch.org.uk](http://www.avenuenevangelicalchurch.org.uk)

42 Warwick Ave  
Woodbridge  
01394 383479

## WALTON PARISH NURSING

Whole person healthcare through local Churches



### Parish Nurse Vacancy (Part Time)

**Hours per week:** 15 (details to be discussed)

**Salary** Up to £12,000 per annum (subject to experience)

**Location:** Walton, Felixstowe, Suffolk

**Closing Date:** 31<sup>st</sup> May 2023

Walton Parish Nursing is looking to employ a **NMC Registered Nurse** (Mental Health Nurse or with experience of Mental Health) in a paid position to work within a well-established team of health care professionals. This innovative service is provided in partnership with Parish Nursing Ministries UK and aims to improve and maintain the wholistic health and wellbeing of local people.

The parish nurse role includes:

- General health education
- Personal health screening, health support and referral
- Advocating for individuals and mental health more widely.
- Acting as mental health navigator and resource
- Providing spiritual care
- Liaising with other local services

Current registration with the Nursing and Midwifery Council (NMC) is essential and support for revalidation is provided.

The person will be required to undertake formal role preparation and to offer spiritual care and Christian prayer when requested (it is therefore a Genuine Occupational Requirement for the applicant to be a Christian).

For an application pack or to talk about the post please email [vacancy@waltonpn.org.uk](mailto:vacancy@waltonpn.org.uk)

*The*  
**BASIC**  
*Life Charity*



## The BASIC Life Charity COMMUNITY POP-UP SHOP

Come along to



2 Carr Road, Felixstowe, IP11 2FS

**Friday Mornings at 11.00 am**

**AFFORDABLE FOOD**

Fill a bag for £2.

**NO CRITERIA - ALL WELCOME**

**\*NEW: Free Tea, Coffee & Biscuits\***

Our Faith Community is registered with

# THE WELCOME DIRECTORY



**Our commitment:** We will welcome people, who have been in prison, into our faith community and support them



The Welcome Directory is a directory of faith communities in England and Wales who are committed to welcoming and appropriately supporting people who have left or are leaving prison, and is available on-line and in printed format. It enables prison chaplains, probation workers, other professionals, and individuals to identify a faith community in their local area that is a good place for someone leaving prison to attend.

For more information please talk to  
your local  
Welcome Directory Champion,

or visit [welcomedirectory.org.uk](http://welcomedirectory.org.uk)

*Note: Our faith community has a safeguarding policy which ensures that all safeguarding risks are managed appropriately.*

**The Welcome Directory**  
Helping faith communities welcome  
and support people leaving prison



[facebook.com/TheWelcomeDirectory](https://facebook.com/TheWelcomeDirectory)



[twitter.com/welcome\\_dir](https://twitter.com/welcome_dir)



[instagram.com/welcome\\_dir/](https://instagram.com/welcome_dir/)

## Pub Theology

Conversations about God,  
faith and life...in a pub.

Fortnightly on Sundays  
following Evensong



**St Mary-le-Tower**  
Civic church of Ipswich

Sing with Cantus Firmus at the Royal Albert Hall!

# The Coronation Prom

6 May 2023

## Apply now!

[cantusfirmus.org.uk](http://cantusfirmus.org.uk)

ASO

cantus  
firmus



THE CHURCH  
OF ENGLAND  
SUFFOLK

## JOB VACANCY TOP UP SHOP MANAGER



- PART TIME - 8 HOURS A WEEK
- 1 YEAR FIXED TERM CONTRACT  
(POTENTIAL TO EXTEND SUBJECT TO FUNDING)
- APPLICATIONS CLOSE - 17 MAY 2023
- INTERVIEW DATE - 24 MAY 2023

### APPLY NOW

Full job description and application form available on the Lightwave website. Send your application form by email to:



[Bob.Hamilton@cofesuffolk.org](mailto:Bob.Hamilton@cofesuffolk.org)



07394568407



[www.lightwave.community/job-vacancies](http://www.lightwave.community/job-vacancies)



**Please note:** In accordance with the equality act 2010 it is a genuine occupational requirement that the post holder is a practicing Christian as the post holder will be required to represent the Christian religion in relation to the mission of the project.



Less income and your finances feeling out of control? ...  
then the free [CAP Money Course](#) is for you.

The Suffolk Coastal Debt Centre is running an online 3-session course on money management, beginning on Monday 16 January 2023 at 10.45am. This will be run in St John's Old Vicarage, St John's Hill Woodbridge, IP12 1HS.

You draw up your own budget and set up a money management system that takes away the stress of wondering how much you dare spend and helps you to feel in control.

The course is devised by the award-winning *Christians Against Poverty* and delivered by local trained money coaches who give you tools to make important decisions about your finances.

To apply for this free online course email **Bob Huddleston** [boblizh@gmail.com](mailto:boblizh@gmail.com) or text to 07754 048056 by 15<sup>th</sup> January 2023



[www.stjohnswoodbridge.org.uk](http://www.stjohnswoodbridge.org.uk)

St. John's  
Woodbridge



Join Bishop Mike on Sunday 21 May 2023 from 12.30 for a county-wide celebration service of mission at White House Farm, Great Glemham, IP17 1LS.



A free phone line of hymns,  
reflections and prayers

**christians  
against  
poverty**

**CAP**

**Suffolk Coastal Debt Centre**

**Based at SKC Church**

**If you would like to find out  
more about the services that we  
offer If you are weighed down  
by debt call FREE  
on 0800 328 006 or find us at  
[capdebthelp.org.uk](http://capdebthelp.org.uk)**



**Saturday - The Coronation**  
**6th May - 10.00 to 2.30**  
**St Michael's Church**

**ATTRACTIONS:**

View a live stream of the event on  
a large 4m wide screen  
Coronation Flower Festival  
Pay Bar for celebratory drinks  
It will be an atmospheric way to  
appreciate this unique occasion  
The actual ceremony in Westminster  
Abbey starts at 11.00am  
*official start & end times have yet  
to be confirmed for the:*  
Kings Procession  
from Buckingham Palace,  
and the Coronation Procession  
from Westminster Abbey

**Sunday - Coronation Picnic**  
**7th May - 12.00 to 3.30**  
**Pageant Field**

**ATTRACTIONS:**

Live folk music - Flaxen  
Punch & Judy - Pat Plant  
Magic - award winning Peter Holloway  
Springtime lambs corner  
plus activities by Scouts & Guides, Cats  
Protection and the Town Council  
Bring a picnic - food and drink,  
blankets, camping chairs... any extra  
food can go on a sharing table. More  
energetic fun can also be enjoyed in  
the playground, table tennis, and  
boules (bring your own equipment)  
*There will be no refreshments on sale*

**Entrance is FREE to both events, but any donations towards the costs will be much appreciated**

Almighty God, the fountain of all  
goodness, bless our Sovereign Lord,  
King Charles, and all who are in  
authority under him; that they may  
order all things in wisdom and equity,  
righteousness and peace, to the  
honour of your name, and the good of  
your Church and people; through  
Jesus Christ our Lord. All Amen.



# Commit & Connect Course

*Committing to Jesus & Connection to the Church*

Thursday 22 June, 7.30 pm

or

Saturday 24 June, 9.30 am

If you want to join the fellowship or just want to know us better, our 'Commit & Connect' course is for you.

This is your opportunity to find out about River of Life Church and how we are part of God's plan for fulfilling His purposes.

Please book in, by Wednesday 21 June, via:

Website: [www.riveroflifechurch.net](http://www.riveroflifechurch.net) [Connect Joining RoL]

Email: [mail@riveroflifechurch.net](mailto:mail@riveroflifechurch.net) or

Phone: 01394 273700



## *Antiphon*

*musical director John Roper*

*East Anglia Tour 2023*

*Based in Hexham Northumberland, Antiphon are a critically acclaimed chamber choir who have a particular interest in early sacred music.*

*Our 2023 tour includes a concert at St Michael's Church Framlingham along with a series of services in Cambridge, Diss and St. Edmundsbury Cathedral.*

## *The Seven Joys of Mary*

*Music of love, life, and joy*

Programme to include

Palestrina - Canticum Canticorum

Orlando di Lasso - Omnia tempus habent

William Walton - Set me as a seal

and other works by

Scheidt - Rachmaninoff - Schütz - Harris - Britten

**Tuesday 30<sup>th</sup> May**

**St. Michael's Church Framlingham**

**Concert starts 7.30pm**

**Free entry**

*With a retiring collection – All proceeds in support of St. Michael's Church.*

**ST ANDREW'S CHURCH, BREDFIELD**

## **BEAT THE BOUNDS WALK**

**SATURDAY 13<sup>TH</sup> MAY**

**2PM START AT VILLAGE HALL CAR PARK**

**A WALK TO EXPLORE THE WESTERN BOUNDARY OF  
THE PARISH**

**TEAS WILL BE AVAILABLE AT THE END OF THE WALK IN  
THE CHURCH ROOM @4PM**

**PLEASE WEAR STOUT FOOTWEAR AS WE WILL BE USING  
FIELD PATHS AND TRACKS  
ALSO WATERPROOFS IF WET**

**FOR FURTHER INFORMATION  
CONTACT ANNE ACKERLEY  
01394 384805  
PREBOOKING NOT REQUIRED  
BUT RECOMMENDED**



## **Blessed to be a Blessing**

**22nd — 24th May**

**Chelmsford Diocesan House of Retreat, Pleshey,  
Chelmsford, Essex**

**Whatever stage we find  
ourselves on the Christian  
journey, we all need the  
refreshment that comes from  
taking time away to be in  
God's presence.**

**Led by Revd Dr Christopher Landau,  
Revd Garrie & Jill Griffiths**





Light up the world  
in prayer

18th - 28th May 2023

[thykingdomcome.global](http://thykingdomcome.global)

*Saturday 20 May*

We are calling all church family members to gather for a Prayer morning  
from 10.00am to 12.00pm

*Tuesday 23 May*

We will be having a special prayer meeting led by Charles at 7.30pm.

St John's Church, St John's Hill, Woodbridge IP12 1HS



Tel: 01394 383162 email: [info@stjohnswoodbridge.org.uk](mailto:info@stjohnswoodbridge.org.uk) [www.stjohnswoodbridge.org.uk](http://www.stjohnswoodbridge.org.uk)

*St John's*  
Woodbridge

Saturday  
13 May 2023

*Men's Breakfast.*

*Come and join us for  
croissant's, bacon rolls  
tea and coffee.*

*9am till about 11am.*

*In St John's Church Hall*

*New members are always  
welcome.*

St John's Hall IP12 1ED



[www.stjohnswoodbridge.org.uk](http://www.stjohnswoodbridge.org.uk)

St John's Church, St John's Hill, Woodbridge IP12 1HS Tel: 01394 383162 email: [info@stjohnswoodbridge.org.uk](mailto:info@stjohnswoodbridge.org.uk)

*St John's*  
Woodbridge



Join us on  
Sunday 7 May 10.30am

*King of Kings*

for a Special Celebration Service

Followed by Community BBQ

From 12.00pm to 2.00pm in the grounds of St John's Church  
to celebrate the Coronation of King Charles III



St John's Church, St John's Hill, Woodbridge IP12 1HS

Tel: 01394 383162 email: [info@stjohnswoodbridge.org.uk](mailto:info@stjohnswoodbridge.org.uk)



## The Hub Community Café Coronation Special

Everyone is Welcome to come and join us  
to celebrate the Coronation of King Charles III

Monday 8 May 2023

*10am to 11.45*

In St John's Church Hall  
St John's Street, Woodbridge IP12 1ED



*Crowns are optional*



[www.stjohnswoodbridge.org.uk](http://www.stjohnswoodbridge.org.uk)

*St. John's*  
Woodbridge

## Fundraising Walk in aid of Inspire Counselling & Training Saturday 3rd June 2023

2023 is a very special year for Inspire, and to acknowledge this some of our team will be completing a fundraising walk in and around Felixstowe. 5 of us will be completing a 5 mile walk and 6 of us will be completing a 10 mile walk.

Please help us to raise money for our Bursary Fund which is used to support individuals who cannot afford counselling. This Fund is instrumental in the work we do and upholds our Mission.

### Mission:

Our mission is simple: We believe that counselling should be available to those who need it regardless of their ability to pay; we enable change and growth through counselling and training.

### Please donate:

All donations will be placed into our Bursary Fund which enables us to continue to subsidise clients in counselling. It costs us £45.00 to provide an hour of counselling, and many of our clients find it difficult to pay that amount. Donations help to bridge the gap between what clients can pay and what it costs us to provide that hour.

## Your donation will save and change our clients lives

You can donate the following ways:

JustGiving Page - <https://rcheckout.justgiving.com/c/3180127>

Our website - [www.inspirecounselling.org.uk](http://www.inspirecounselling.org.uk)

Inspire Counselling & Training, The Fletcher Centre, 2 Crescent Road, Ipswich, Suffolk, IP1 2EX

Telephone: 01473 217694

E-mail: [contact@inspirecounselling.org.uk](mailto:contact@inspirecounselling.org.uk)

Inspire Counselling & Training Ltd is registered in England, Company No: 03510939  
and is registered with the Charity Commission, No. 1068491.



**URGENTLY  
NEEDED -  
IS THIS  
YOU?**

# Sanctuary

DAY CENTRE

## MORE VOLUNTEERS WANTED FOR THE SANCTUARY DAY CENTRE FOR IPSWICH ASYLUM SEEKERS

Hooray! The Day Centre is now open and has a Manager and a bunch of amazing volunteers but we need a few more! Can you help?

Can you offer a few hours a week or fortnight on Tuesdays, Wednesdays or Thursdays in central Ipswich to talk about Ipswich life, help people with their English, encourage a bit of art?

Then we'd love to hear from you!

Email [sanctuary@stmaryletower.org](mailto:sanctuary@stmaryletower.org)  
for more information from the  
Centre Manager



**St Mary-le-Tower**  
Civic church of Ipswich



# Repair Café

## Woodbridge

*Bin it? No way!*

### Examples of repairs:

- A toaster that no longer works
- Hem that's come down
- A lamp with a broken switch



The Repair Café is run by volunteers who assist in the repairing of broken items for a voluntary contribution.



### Supported by:



Runs within  
The Hub  
community cafe

Do join us!

### Supported by:



First Monday of every month  
10 am-12 Midday  
St Johns Church Woodbridge, IP12 1HS

BOOST

## BOOST Primary School Chaplaincy

We would ask for your prayers as the BOOST Trustees explore the possibility of appointing a voluntary part time chaplain to work in a local primary school. The role would be 2-3 hours per week based over a lunchtime through term time.

This venture will build on the excellent work of chaplaincy already at Felixstowe School. The volunteer chaplain would be accountable to, and receive support and training from, the BOOST Trustees, the BOOST Chaplain and the school involved.

We are excited about this possible new venture and ask that you continue with us in prayer so that we may be attentive to God's prompting and direction. If you would like to know more about the role please do get in touch via [boostfelixstowechaplaincy@gmail.com](mailto:boostfelixstowechaplaincy@gmail.com)

Mick Warner, Chair of Boost Trustees. [www.boostfelixstowe.org.uk](http://www.boostfelixstowe.org.uk)

# "The Sound of Running Water"

Join us for an  
**Open Air Service**  
at  
**Foxearth Meadows  
Nature Reserve**

**Sunday 21 May 2023 at 3.00 pm**

*We are delighted to welcome as  
our speaker the Right Reverend  
Roger Morris, Bishop of Colchester.*



For comfort, please bring a chair or rug.

We invite people to come early to enjoy the reserve or  
stay afterwards for a guided walk.

## FOXEARTH MEADOWS NATURE RESERVE

The reserve is about a mile north of Foxearth village, between the River Stour  
and the lane north-west of Constable's Farm and Constable's Barn  
(private dwellings with postcode CO10 7HZ).

From Long Meiford travelling west towards Clare (A1092), turn first left after GCB Cocoa  
(formerly Philips Avenet), signposted 'Pentlow Road'. Then take the next left (signposted 'Liston')  
and the reserve is about 200 metres on the left.

Car sharing would be helpful. On site: ✓ Car park ✓ Composting toilet

Follow 'what3words':  
charm.dragonfly.townhouse  
Grid Ref: TL 8331 4598

For further information, contact Andy Jowitt  
07584 751093 / [andy.jowitt@arocha.org](mailto:andy.jowitt@arocha.org)

[arocha.org/events](https://arocha.org/events)



## Progress for the Climate

An information evening delivered by the  
**Methodist Climate Justice Group**

&

**Litter Free Felixstowe**



**Wednesday 3rd May, 7:30-9:00pm**

Christ Church, Felixstowe, Grange Farm Avenue, IP11 2XD

Come and join us to find out more

For more information and to book your free place, email  
Clare - [coordinator@felixstowetownpastors.org.uk](mailto:coordinator@felixstowetownpastors.org.uk)



TUESDAY AT 1PM TO 2PM

JOIN US FOR  
COFFEE, TEA &  
CAKE WHILE  
YOU SHOP

# FOOD MARKET

£2 a Bag



SUPPORTED  
BY



HERE FOR YOU



[www.nrbconline.org](http://www.nrbconline.org)

Tel: 07759501523

## BLESSING JARS

Supporting the Beehive Nakuru Kenya

A great place to put your loose change in and say a blessing at the end of the day.

To obtain a jar please e-mail  
[thepaellalady@gmail.com](mailto:thepaellalady@gmail.com) or  
[Pam@jenkins-net.co.uk](mailto:Pam@jenkins-net.co.uk)

# Mental Health Mates Ipswich



## Christchurch Park

Meet by the benches  
near the mansion

Free twice monthly  
walk to connect and  
share without fear or  
judgment

For details email  
[mhmipswich@outlook.com](mailto:mhmipswich@outlook.com)  
or find us on Instagram:

#findyourwe

mhmipswich  
mentalhealthmates  
[www.mentalhealthmates.co.uk](http://www.mentalhealthmates.co.uk)



THURSDAYS FROM 5-6:30PM  
5-11 YEAR OLDS



£1 PER CHILD

GAMES, ARTS & CRAFTS, MESSY FUN,  
COMPETITIONS, PRAYERS, BIBLE STORIES,  
CHALLENGES, TUCK SHOP AND MORE

FOR MORE INFORMATION PLEASE CALL 07500058657 OR POP IN  
TO FELIXSTOWE SALVATION ARMY, COBBOLD ROAD, IP11 7EL



THE SALVATION ARMY IS A REGISTERED CHARITY IN ENGLAND (214779)

# Supporting our local Ukrainian community through 2023

- Due to the massive goodwill of many people and companies, during 2022 Together for Ipswich was able to offer extensive support to over 200 Ukrainians, all for less than £1,100!
- The needs (particularly for English lessons, finding employment and housing) continue, but we are confident that if the goodwill towards Ukraine is maintained, and we can continue to access grants for specific items such as move-on costs, we can deliver the remainder of our services in 2023 for another £1000.
- As an expression of your commitment to the mission of the Church in Ipswich and, of course, to our new Ukrainian community in Ipswich, would you be ready to support this ongoing response with a gift?
- If so, please send it to

- Account name: Together for Ipswich
  - Sort Code: 23 05 80
  - Account number: 48117120
  - Marked: Ukraine response gift

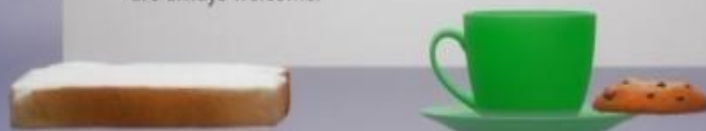
• **THANK YOU SO MUCH!**



## FRAMLINGHAM

### *'The Toast Rack'*

A new venture called 'the Toast Rack', is being organised by Sandy Rowles at St Michael's. Coffee and tea will be served, with toast, and biscuits, on the first and third Saturdays of each month, from 10 -12 noon, beginning on Saturday 5th February. We hope that this will be an opportunity for people to meet and chat, and perhaps for some to get used to being out and about again in a safe and friendly forum. No charge will be made, but any donations are always welcome.



For 11-16  
year olds



Tuesdays  
15:30 - 17:30

# AT THE RUNWAY CAFÉ MARTLESHAM

**ARE YOU LOOKING FOR SOMETHING TO  
DO IN THE AFTERNOON AFTER SCHOOL?**



LOW-COST  
REFRESHMENTS



HANG OUT WITH  
OTHERS



TABLE  
FOOTBALL



BOARD GAMES



POOL TABLE



FREE WIFI

**The Runway Cafe, attached to St Michael's Church,  
The Drift, Martlesham Heath, IP5 3PL**

*Affordable  
Food*



*Community*

*Business And Service In Christ*

**The BASIC Life Charity Pop-Up Shop**

**St.Felix Church, Rendlesham**

**Every Tuesday 11am**

*All Welcome!*

# One Voice Community Choir



**Do you love to sing?**

**Come and make some new friends.**

**All abilities welcome.**

**No musical experience necessary.**

**When: Tuesday 7:30pm.**

**Location: St. Matthews Chrch Ipswich. IP1 2EX**

**More details:**

**[www.stmatthewsipswich.org.uk/one-voice-community-choir/](http://www.stmatthewsipswich.org.uk/one-voice-community-choir/)**

## Network **SUFFOLK**

Connecting Christian Communities in Suffolk



### BLESSING JARS

Supporting the Beehive Nakuru Kenya

A great place to put your loose change in and say a blessing at the end of the day.

To obtain a jar please e-mail  
[thepaellalady@gmail.com](mailto:thepaellalady@gmail.com) or  
[Pam@jenkins-net.co.uk](mailto:Pam@jenkins-net.co.uk)

# COMMUNITY CUPPA

What is a Community Cuppa?

Pop in and enjoy a cuppa and chat and find out how the Later Life Community Team can help you or your community. The Community Cuppa is aimed at people aged 65 + living in Woodbridge and surrounding areas.

**FREE Entry**

**Time: 10:00am - Midday**  
**Location: Woodbridge Community Hall,**  
**Station Road, Woodbridge, IP12 4AU**

For more information:  
Tel: 07878 768288  
Email: Tracey.Evans@bsevc.co.uk

\*For over 65's in Woodbridge and surrounding area



COMMUNITIES  
TOGETHER  
EAST ANGLIA

www.communitiestogethereastanglia.org

Connected  
Communities  
Suffolk

EASTSUFFOLK  
COUNCIL

interreg  
France (2014-2020) England  
Connected Communities

Suffolk  
County Council

Registered Charity: 1004198



## Community Cuppa Calendar:

**2022**

Tuesday 24th May  
Tuesday 26th July  
Tuesday 23rd August  
Tuesday 25th October  
Tuesday 22nd November

**2023**

Tuesday 24th January  
Tuesday 28th February  
Tuesday 25th April



Do you hear the people sing?.....

## SUFFOLK CONSTABULARY MALE VOICE CHOIR

If you love singing anything from Bach to Bacharach, Folk, Spirituals, Swing, Musical Theatre, Rock and Pop then why not come and join us?

Our members come from all over Suffolk and all walks of life.

You don't have to be able to read music and there are no auditions. A love of singing is the main ingredient! Rehearsals are Tuesday evenings in Martlesham.

Come along for a couple of rehearsals and try us out. We would love to see you.

For more information visit [www.suffolkconstabularymalevoicechoir.co.uk](http://www.suffolkconstabularymalevoicechoir.co.uk) or call or message Stephen on 07816 678141

The Felixstowe (CAP) Debt Counselling centre work in partnership with the national charity Christians Against Poverty (CAP) UK to provide:

- debt counselling in which one of our debt coaches, and CAP's head office staff, work to find the best route for anyone living with debt to become debt free - ring 0800 328 0006 to arrange an appointment;
- one to one budgeting advice sessions and the CAP Money Course to enable people to get to grips with their finances so they can budget, save and prevent debt. For more information call: 07394 177634 or email: [Felixstowemoneycourse@outlook.com](mailto:Felixstowemoneycourse@outlook.com);
- the Life Skills course which equips people with the confidence, decision making, and practical skills needed to live on a low income. To find out more call: 07942353486 or email: [joybaker@caplifefskills.org](mailto:joybaker@caplifefskills.org)

All our services are free and are available to everyone living in Felixstowe and the surrounding area, regardless of age, gender, background or faith.

christians  
against  
poverty

**CAP**

## THE COMPASS is a Community Hub: "Finding the Right Direction"

The Compass is a registered Christian charity, serving people in the Felixstowe area. It takes referrals from all the statutory and voluntary agencies and provides holistic support/ advocacy to individuals and families in need - moving people from dependence to independence. The Compass employs a Community Outreach Worker and has a team of trained volunteers drawn from across the churches in Felixstowe. It works closely with all other agencies, such as CAP, the Job Centre and Social Care.

Tel: 07368 324042 Email: [connect@thecompass.uk](mailto:connect@thecompass.uk)

Address: Christ Church, Grange Farm Avenue, Felixstowe IP11 2XD



# A MORNING WITH NOEL ROBINSON

**SUNDAY 14 MAY AT 10.30 AM**  
**AT RIVER OF LIFE CHURCH, FELIXSTOWE**



INTERNATIONAL WORSHIP  
LEADER, MUSIC PASTOR,  
SONGWRITER AND PRODUCER  
WHOSE MANDATE IS TO SEE  
THE BODY OF CHRIST RISE  
UP IN WORSHIP,  
INTERCESSION AND UNITY IN  
THIS GENERATION  
IS HERE AT RIVER OF LIFE  
CHURCH IN FELIXSTOWE ON  
14 MAY 2023

**AN OPPORTUNITY NOT TO BE MISSED!**

**ALL WELCOME. ADMISSION FREE.**

RIVER OF LIFE CHURCH  
2 CARR ROAD, FELIXSTOWE, IP11 2FS  
TEL: 01394 273700  
EMAIL: [MAIL@RIVEROFLIFECHURCH.NET](mailto:MAIL@RIVEROFLIFECHURCH.NET)  
WEBSITE: [WWW.RIVEROFLIFECHURCH.NET](http://WWW.RIVEROFLIFECHURCH.NET)



Sing with Cantus Firmus at the Royal Albert Hall!

**The Coronation Prom**  
6 May 2023

**Apply now!**

[cantusfirmus.org.uk](http://cantusfirmus.org.uk)





**EQUIPPING CHRISTIAN EVENTS  
WITH QUALITY MUSIC...**

info@ministryofmusic.co.uk

## Summer, is Coming

What a better way to celebrate and reach your community.

Ministry of Music have a number of good quality Christian artists Soloist or Bands, suitable for your Christian event.

Caught In The Past, Daughters of Davis, ECHO, Peter 118, Voices Beyond, Aaron Shah, Andy Mayo, Bean Baker, Dave Wellington, FeedEm, Hiddenman, Jerome Silva, Joe Hardy, Luke Wareham, Matt McChlery, Paul Rushton, Rob Westall, Abigail Angus, Amy Faith Morley, Chrisee, Emma Rosso, Jessie Dipper, Julia Loveless, Kay Morgan-Israel, Loulita Gill, Nicky Whyman, Tremaine.

Covered Staging,  
PA and Lighting  
can also be provided

[www.ministryofmusic.co.uk](http://www.ministryofmusic.co.uk)

THE MESSAGE IS IN THE MUSIC!

### Quiet Garden Days in Brightwell

The Quiet Garden Movement flows from the example of Jesus's withdrawal to natural places to pray and his invitation, *Come with me by yourselves to a quiet place and get some rest* (St Mark's Gospel 6.31).

**Slow down. Take time out. Breathe deeply.**

Quiet Gardens provide hospitality and a safe, quiet space for coming home to yourself, for spiritual contemplation and reflection. If this is something that would appeal to you the following dates are available to book:

Tuesday May 9th, Thursday June 29th, Thursday July 27th  
Thursday August 24th and Thursday September 21st 2023

A light lunch is provided with the day running from 10am to 3pm. Booking is essential as numbers are very limited. The garden has many steps and slopes, but plenty of seats.

A voluntary donation to cover costs is suggested.

To book: email [dairyfarmquietgarden@gmail.com](mailto:dairyfarmquietgarden@gmail.com)

or speak to Bob James on 07921919651 or to Julia Lincoln in person.

Lynne and Bob James and Julia Lincoln



## River of Life Men's Ministries

Are you a Man, Bloke, Geezer, Gentleman, Fella, Dude? Wouldn't it be good to get together as a group to be Men, Blokes, Geezers, Gentlemen, Fellas & Dudes? Well now we can!

We will be holding our First Monthly Men's Ministry Meeting at ROL Church and We need You men to help make the choice of which Friday to Start. What Will We Be Doing? Well as Men, we need to be able to join with our fellow men and be able to have fellowship friendship and FUN! We will be able to listen to each other and Minister to individual needs, in a safe non-judgemental environment.

There will be beverages and Pizza (Not Alcohol) The first meeting will be just a casual get together to get to know one another better. We don't want a church dominated by men or male characteristics nor do we want to make church a "men's club". Just a place where men can be gripped and excited by Jesus.

Please Pray (Ladies Too!) for us as we seek to play our small part in introducing Men to Jesus.

Where & When? ROL Church, 2 Carr Road, Dates to choose from (Please sign up on the Sign-up board your preference) choices will be.....

Friday 5th May at 7.15pm to 9.15pm OR/AND Friday 2nd June at 7.15pm to 9.15pm If you have any Questions Call or Text Ian Hallwood on 07765500740

Christian Vision for Men explain it this way. "Church culture can also be quite feminine and therefore difficult for many men to get to grips with. Think of church décor. Lots of children's pictures, flowers, and banners. Then there is the worship. Songs are often about feelings and subjective. Teaching is often generic and talks about concepts rather than everyday practicalities. Volunteer jobs in the church can also tend towards the more feminine aspects of character; loving, sharing, nurture, compassion.

Men seek adventure and challenge and whilst love and compassion are important traits for men, the wild and adventurous aspects of their personalities can be completely starved in church. So we need to create an environment that makes the Christian faith accessible to the average UK man and church a place worth hauling themselves out of bed for." Question is chaps, are you up to giving it a go just to see the difference YOU can make??



**The Parish of Felixstowe**

*St John the Baptist with  
St Edmund, King and Martyr*

## **Quiet Day**

**Thursday 11th May**

**10am—4pm**



### **Stations of the resurrection**

A day of worship and quiet reflection

Cost: £ 15 to include Fish and chip Lunch

To book contact Penny 07901950768 or

[rev.pennybrinkley@yahoo.com](mailto:rev.pennybrinkley@yahoo.com)

## **A Pilgrimage of Song**

**Saturday 10 June  
Icklingham to Red Lodge**

**Saturday 9 September  
Coddensham to Whitton**

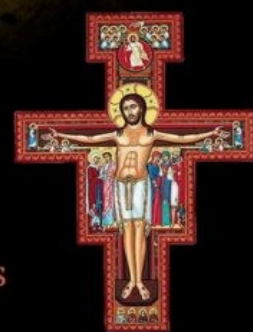




Usually the fourth Sunday  
of the month 6pm

St Gregory's Church chancel  
[www.rendleshamchurches.org/find-us](http://www.rendleshamchurches.org/find-us)

contact: [janethbishop@hotmail.com](mailto:janethbishop@hotmail.com)



### **Porch Pantry St Felix Rendlesham**

Give what you can, take what you need.

The foodbank is there for all in our community. Please use it for yourself or for your neighbours who may not be able to access it for themselves. It is currently open between 10am and 4pm each week day and 11am and 12:30pm Sundays.



*"Alpha is a way to explore what  
we hunger after - meaning and  
intimacy and relationship... In a  
very non-pressed,  
non-judgemental environment."*

*- Bear Grylls*

*host of "Man vs Wild".*

**Alpha**



## CHURCHES THAT RUN ALPHA COURSES

HOPE CHURCH IPSWICH - [www.hopeipswich.co.uk](http://www.hopeipswich.co.uk) BURLINGTON BAPTIST CHURCH IPSWICH Tel- 01473-259271  
TRIMLEY ST MARTIN CHURCH Tel 01394-200406  
ST JOHNS CHURCH WOODBRIDGE 01394-383162  
COLCHESTER ROAD BAPTIST CHURCH IPSWICH -01473-290115  
ST AUGUSTINES CHURCH - IPSWICH- 01473 723960  
ST JOHNS CHURCH WOODBRIDGE-  
RIVER OF LIFE CHURCH FELIXSTOWE

## Outreach

# STREET JESUS



Our next outreach will be on May 13th at  
Cavendish park in Felixstowe



Suffolk  
Historic  
Churches  
Trust

[www.shct.org.uk](http://www.shct.org.uk)



Welcome to Alive@4

We meet in St. Michaels Church

At 4pm on the 3<sup>rd</sup> Sunday of the month

This is a family worship with a difference, with activities for children and families including crafts, music, and games and a special tea for everyone.

We currently meet in St. Michaels Church ready to start at 4pm.

There will be a short time of worship as we begin

Everyone is welcome; please let us know if you are planning to come so that there is plenty to eat.

For more information, or to tell us you are coming, please contact:

Revd. Mary Lamb, [marylamb1952@gmail.com](mailto:marylamb1952@gmail.com)

or Wendy Phelan on 01728 720125 or check details with the parish office ...framparish@gmail.com We have had great fun in the past and look forward to seeing old and new families.



BUZZ KNITS Supporting the Beehive Nakuru Kenya  
[www.facebook.com/buzzknits](https://www.facebook.com/buzzknits)

# CHURCH CAFÉ'S



CROSSROADS-Saxmundham High Street  
THE RUNWAY-St Michaels and all Angels Martlesham  
OPEN DOORS -All Saints Wickham Market-Every Friday morning.  
HUB COMMUNITY CAFÉ-St Johns Woodbridge - Every Monday morning 10-12

[24/7prayer.com](http://24/7prayer.com)

Lectio 365– A daily devotional



**PRAYER MEETING**

**Monday June 12h 7.30pm**

# STREET JESUS



7 Featherbroom Gardens

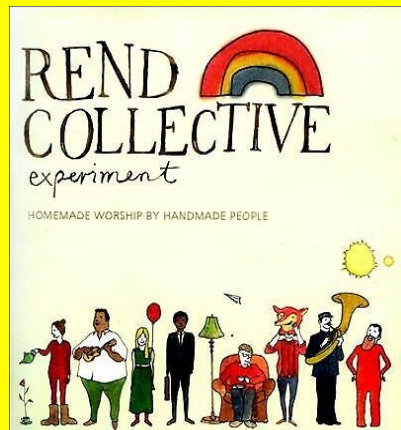
Wickham Market IP130JH

## Gallery



Denise myself and Rad at the Trinity Park car boot sale in Ipswich. We had a very blessed time with all those who visited us.

## CD of the month

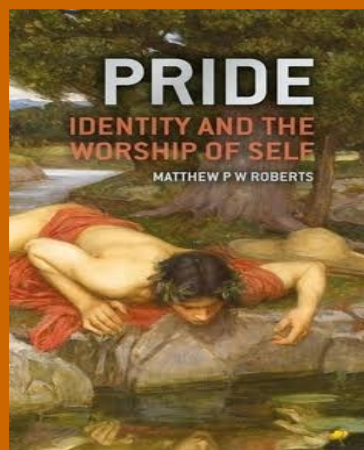


CD of the month

Rend collective

Experiment

## Book of the month



## BOOK OF THE MONTH

Our culture is obsessed with identity and it has been the cause of tense interaction with (and within) the Church. Rather than being a new challenge to the Christian faith, however, the identity issue is a very old one; it is fundamentally one of idolatry. Who we are, who we think we are, and how God in Christ restores our knowledge of ourselves in covenant with him, are central Biblical themes. But these things will only appear with clarity if we have the courage to tackle the idolatries of our own age at the root, and stand true to our calling as Christians to worship God

## Facebook



If you would like to join our facebook page  
[www.facebook.com/groups/1246450225452294](https://www.facebook.com/groups/1246450225452294)

# 'THEOS'

*Think tank on religion and society*

[www.theosthinktank.co.uk](http://www.theosthinktank.co.uk)

## Gatherings



**New Wine** July 26th– August 5th 2023

[www.new-wine.org](http://www.new-wine.org)

**Spring Harvest** April 10th –14th 2024

[www.springharvest.org](http://www.springharvest.org)

**Big Church day out** May 27th –28th 2023

[www.bigchurchdayout.com](http://www.bigchurchdayout.com)

**Keswick** July 15th-August 4th 2023

[Keswickministries.org](http://Keswickministries.org)

**Greenbelt** August 24th-27th 2023

[www.greenbelt.org.uk](http://www.greenbelt.org.uk)

**Word Alive** April 1st-6th 2023

[www.wordaliveevent.org](http://www.wordaliveevent.org)

**Dauids tent** August 25th-28th 2023

[www.davidstent.net](http://www.davidstent.net)

**Hillsong Conference** July 3rd-5th 2023

[www.hillsong.com](http://www.hillsong.com)

**Newday** July 31st-August 4th 2023

[www.newday.co.uk](http://www.newday.co.uk)

We Support



[Beehiveafrica.org](http://Beehiveafrica.org)


## Bible reading

Now when Jesus saw the crowds, he went up on a mountainside and sat down. His disciples came to him, and he began to teach them. Blessed are the poor in spirit for theirs is the kingdom of heaven. Blessed are those who mourn for they shall be comforted. Blessed are the meek for they shall inherit the earth. Blessed are those who thirst for righteousness for they shall be satisfied. Blessed are the merciful for they shall know mercy. Blessed are the pure in heart for they will see God. Blessed are the peacemakers for they will be called children of God. Blessed are those who are persecuted for righteousness for the kingdom of heaven is theirs. Blessed are you when people insult you, persecute you and say all kinds of false things about you because of me. Rejoice and be glad for great is your reward in heaven. For in the same way they persecuted the prophets before you. You are the salt of the earth but what good is salt if it has lost its flavour. Can you make it salty again. It will be thrown out and trampled underfoot as worthless. You are the light of the world like a city on a hilltop that cannot be hidden. No one lights a lamp and hides it under a basket. Instead a lamp is placed on a stand where it gives light to everyone in the house. In the same way let your good deeds shine out for all to see, so that everyone will praise your heavenly father.

Matthew 5:3-16  
Blessed are the poor in spirit,

## Prayer

### Prayer for strength

Three lit candles are shown in a row, with the middle one being the tallest. They are lit, casting a warm glow. The background is dark.

**Father in heaven,  
I stand before You today  
in Your omnipotent presence  
to ask that You grant me strength.  
I want You to give me the strength  
to power through all of the tasks today  
whether little or big.  
It is by Your will that I live oh Lord.  
And I know it is also by Your will  
I will not go weak today.**

**Amen**

## Quote to note

And you know, when you've experienced grace and you feel like you've been forgiven, you're a lot more forgiving of other people. You're a lot more gracious to others.

**Rick Warren.**

## Please get involved

If you have a heart for sharing the good news of Jesus Christ with others and would like to become involved with our project then please contact us for more information.

If you would like us to promote any of your Church events we will do our best to include them in our e news.

If you would like to contribute to e-news with any information or recommendations such as a book, music C D, film, article, a prayer, or a bible verse then please e mail us on [streetjesus2012@gmail.com](mailto:streetjesus2012@gmail.com).

Our next meeting will be on Monday May 8th at 7.30 pm. At 7 Featherbroom Gardens Wickham Market IP130JH

**THANK YOU !**

**Thank you for showing interest in the Street Jesus project.  
If you do not wish to receive our e news or would like more  
information about the project please  
e mail [streetjesus2012@gmail.com](mailto:streetjesus2012@gmail.com)**